***KCFS Player Expectations & Responsibilities***

1.Athletes of KCFS will be committed to the football program by:

• Following the rules set by the coaches

• Participating enthusiastically.

• Making appropriate personal sacrifices for the good of the team.

• Recognizing that participation in athletics is a privilege.

• Setting challenging and realistic goals.

• Maintaining high academic standards.

• Being committed to skill development in football

.

2. Athletes of KCFS will communicate openly and honestly with respect for coaches, teammates,

parents, officials, and opponents by:

• Developing a team attitude.

• Being coachable and open to constructive feedback.

• Sharing appropriate individual and team concerns with the coaching staff.

3. Athletes of KCFS will demonstrate good citizenship and sportsmanship by:

• Behaving with integrity.

• Exhibiting pride in their team.

• Playing by the rules.

• Accepting responsibility as a role model for others.

• Playing with dignity and grace, regardless of winning or losing.

4. Athletes of KCFS will develop and maintain mental and physical (health) behaviors by:

• Being alcohol and drug free.

• Practicing self-discipline.

• Demonstrating good personal health habits.

• Dealing with challenges in a positive manner.

**Player Rules**

● When the whistle blows.... Listen and be quiet!

● Never speak when a coach is talking.

● No swearing**. EVER.**

● No arguing with the officials

● No arguing with teammates. This is a sign of a team in trouble.

● Do what you are instructed to do and good things will happen

● Play the game with class. Taunting other players or intentional illegal hits will not be tolerated.

● Players must be thinking out on the field. 90 % of this game is mental desire. Other 10 % is physical ability.

● Must be in full gear by practice time and lined up. Full gear will be determined the day before by

coaches.

● Must be in Cal lines at the start of practice. Cal lines will rotate each week to allow each player to lead cals.

● If a player gets hurt and goes to the doctor, the player must get a signed release from the doctor to play again.

● What is said on the field, stays on the field. This includes information about our playbook.

● Have FUN, HUSTLE and put forth your BEST EFFORT each day.

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athlete:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_